

# RRCC SACC @ Maple Grove September Newsletter

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## Upcoming Events

September Tuition Due  
9/1

CLOSED-Labor Day  
9/2

Full Day of Care at Maple  
Grove 9/6 & 9/9 (Flex Testing  
Days)

Full Day of Care at Stevens  
9/20

Fall Break Care at Mitchell  
10/17 & 10/18



## Welcome back to school!

Welcome to the 2024-2025 school year! We are excited to start a new year with your family. Listed below are some items to know for the first week of school.

- To find us, please park in the parking lot close to the playground and bike rack cage. You may then come up to the cafeteria door located at the end of the large glass windows – close to the brick walls. Ring the doorbell located on the door frame and one of our staff will come let you in. After coming in, make your way to our Sign-Out table where you can sign out your child/children.
- Please remember to bring your ID with you when you pick up. We are required to ID anyone we don't know yet to ensure your child goes home with the correct person safely.
- To provide a smooth transition, the teachers have been provided your child's schedule. Kindergarteners, 1<sup>st</sup> & 2<sup>nd</sup> graders will be picked up from their classrooms at dismissal (2:35pm). All children have 5 minutes to check in with us before we complete an "all call" and begin calling contacts on the emergency list.
- Please tell us ahead of time via email or text if your child will be absent from care. If you do not inform us beforehand, we will reach out to the child's contacts – if no response then we will immediately begin contacting emergency services.

## Full Days of Care

For the majority of the days on which school is closed, either for non-contact days, or holiday breaks, we will host care at a few of our sites. We will communicate which site is hosting care and when to sign up monthly.

Make sure to check out the important dates listed in the box above and sign up online at least two weeks in advance. We will also notify you of any days we are closed.

Sign up is through our website: [Here](#)

As always, please contact me with any questions about how to sign up or when to sign up!



## Curriculum Highlights

In September, we're diving into exciting STEAM projects that explore bugs, famous artists like Picasso and Monet, and hands-on world map activities. Our gym sessions will be centered around teamwork and collaboration, with a special unit dedicated to the ever-popular parachute. It's going to be a month full of creativity, learning, and active fun!

## Did You Know?

### Healthy eating plays a crucial role in your child's success at school!

Studies show that a balanced diet helps improve concentration, memory, and overall energy levels—leading to better academic performance and behavior in the classroom. Nutritious meals and snacks rich in fruits, vegetables, whole grains, and proteins give kids the fuel they need to stay focused and energized throughout the day. To support this, we provide a daily afternoon snack that includes 2-3 food groups, with one always being a fruit or vegetable, along with milk and water to ensure proper hydration. On full days, both a morning and afternoon snack are offered, though we ask that parents provide a packed lunch for their students. If your child has specific preferences or needs additional food beyond what we offer, we encourage you to send an extra snack. For further information on balanced nutrition, please visit [www.myplate.gov](http://www.myplate.gov).