

October Snacks at Mitchell

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|---|---|-------------------------------------|--------------------------|-----|
| | | 1 Popcorn and Fresh Fruit | 2 String Cheese, Pretzels and Carrots | 3 Pita Chips, Hummus and Veggies | 4 Raid the Fridge | 5 |
| 6 | 7 Tortilla Chips with Salsa and Carrots | 8 Cereal with Milk and Bananas | 9 Bagels with Cream Cheese and Dried Fruit | 10 Veggie Straws with Cuties | 11 Raid the Fridge | 12 |
| 13 | 14 Cheez-its and Applesauce | 15 Crackers with Cheese and Cucumbers | 16 Turkey and Cheese with Carrots | 17 Full Day @Mitchell | 18 Full Day @Mitchell | 19 |
| 20 | 21 Muffins and Fresh Fruit | 22 Turkey with Cheese, Crackers and Apples | 23 Yogurt and Berries | 24 Veggies & String Cheese | 25 Raid the Fridge | 26 |
| 27 | 28 Graham Crackers and Dried Fruit | 29 Cereal Bars and Fruit | 30 Goldfish and Carrots | 31 Veggies & Pretzels | | |

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SACC Office Info
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Hours:
6:30-8:30am &
3:35-6:00pm

All snacks are served with Milk and Water

3:35 CHOICES
(Check in, Homework, Outside, Inside, Centers, Engineer, Snack)

4:30 STEAM or Gym

5:15 Study Hall
Box, Read Aloud, Study Hall Activity, Homework

5:15 Clean up and Centers

October Activities at Mitchell

| MON | TUE | WED | THU | FRI |
|---|--|---|---|---|
| | 1 STEAM: Pi Skyline GYM: Space Mountain SH: Flexangles | 2 STEAM: Fibonacci Art Project GYM: Shark Attack SH: A "Lengthy" Scavenger Hunt | 3 STEAM: String Art GYM: Superhero's Cape SH: Multiplication Grid Game | 4 STEAM: CD Suncatchers GYM: Houdini Hoops SH: Glaring Tape Painting |
| 7 STEAM: School Safe Elephant Toothpaste GYM: Stick With Me SH: James Bond | 8 STEAM: Crayon Lava Lamp GYM: Cat and Mouse SH: Solitaire | 9 STEAM: Drip Drop Bottle GYM: Agility Run SH: Spit | 10 STEAM: What Color is Black? GYM: Flying Disc 3-Catch SH: Tri Peaks Solitaire | 11 STEAM: Magic Painting GYM: 5 Player Flying Disc SH: Speed |
| 14 STEAM: Anit-Brown Apple Experiment GYM: All Run Flying Disc Baseball SH: Longest Paper Chain | 15 STEAM: Leaf Pounding GYM: Durango Boot SH: DA Vinci Pencil Bridge | 16 STEAM: Fractal Leaf Art GYM: Flying Disc Golf SH: DIY Sundial | 17 Full Day @Mitchell | 18 Full Day @Mitchell |
| 21 STEAM: Fizzing Pumpkin GYM: Target Throw SH: Color by Addition | 22 STEAM: Dissolving Pumpkin Candies GYM: 2 Minute Drill SH: DIY Math Board Game | 23 STEAM: Anatomy of a Pumpkin GYM: Ultimate Flying Disc SH: Space Facts | 24 STEAM: Disappearing Pumpkin Art GYM: Air it Out SH: Binary Code | 25 STEAM: Mixed Media Pumpkin GYM: Flag Pulling SH: Index Card Building Challenge |
| 28 STEAM: Pony Bead Pumpkin GYM: Football Golf SH: Squiggle Art | 29 STEAM: Halloween Pointillism GYM: 2 Square SH: Origami Spider Web | 30 STEAM: Build a Spider Web GYM: 3 Catch SH: DIY Jack o' lantern Memory Game | 31 STEAM: Neon Lights Pumpkin GYM: 3 Flies Up SH: Positive/Negative Space Jack o' lantern | |

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