

# October Snacks at Bear Creek K8

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Popcorn and Fruit	2 String Cheese, Pretzels and Carrots	3 Pita Chips, Hummus and Veggies	4 Raid the Fridge	5
6	7 Tortilla Chips with Salsa and Veggies	8 Cereal with Milk and Bananas	9 Bagels with Cream Cheese and Dried Fruit	10 Veggie Straws with Cuties	11 Raid the Fridge	12
13	14 Cheez-its and Applesauce	15 Crackers with Cheese and Cucumbers	16 Turkey and Cheese Roll-Ups with Carrots	17 Full Day @ Bear Creek	18 Full Day @ Bear Creek	19
20	21 Muffins and Fruit	22 Rice Cakes and Apples	23 Animal Crackers with Yogurt and Berries	24 Guacamole with Tortilla Chips and Veggies	25 Raid the Fridge	26
27	28 Graham Crackers with Cream Cheese and Dried Fruit	29 Cereal Bars and Fruit	30 Goldfish and Carrots	31 Nutri-grain Bars and Fruit Leathers		

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**Hours:**  
6:30-8:50am &  
3:50-6:00pm

**All snacks are served with milk and water.**

**3:50 CHOICES**  
(Check in, Homework, Outside, Inside, Centers, Engineer, Snack)

**4:45 STEAM or Gym**

**5:15 Study Hall**  
Box, Read Aloud, Study Hall Activity, Homework

**5:30 Clean up and Centers**

# October Activities at Bear Creek K8

MON	TUE	WED	THU	FRI
<p>STEAM: Build Your Own Cubby GYM: Space Mountain SH: Bluey Charades</p>	<p>1 STEAM: Weave Your Own Flappy GYM: Shark Attack SH: Barky Boats Book Chart</p>	<p>2 STEAM: Tourist Camera GYM: Superhero Cape SH: Bluey Word Searches</p>	<p>3 STEAM: Bluey Marionette GYM: Houdini Hoops SH: Bandit's Letters</p>	<p>4 STEAM: Gnome Toast GYM: Stick with Me SH: Learn How to Draw Bluey and Friends</p>
<p>7 STEAM: School Safe Elephant Toothpaste GYM: Cat and Mouse SH: James Bond</p>	<p>8 STEAM: Crayon Lava Lamp GYM: Agility Run SH: Solitaire</p>	<p>9 STEAM: Drip Drop Bottle GYM: 3 Catch Game SH: Spit</p>	<p>10 STEAM: What Color is Black? GYM: Throw and Rub Flying Disc SH: Tri Peaks Solitaire</p>	<p>11 STEAM: Magic Painting GYM: Flying Disc Baseball SH: Speed</p>
<p>14 STEAM: Anit-Brown Apple Experiment GYM: Durango Boot SH: Longest Paper Chain</p>	<p>15 STEAM: Leaf Pounding GYM: Flying Disc Golf SH: DA Vinci Pencil Bridge</p>	<p>16 STEAM: Fractal Leaf Art GYM: Target Throw SH: DIY Sundial</p>	<p>17 Full Day @ Bear Creek</p>	<p>18 Full Day @ Bear Creek</p>
<p>21 STEAM: Fizzing Pumpkin GYM: Ultimate Flying Disc SH: Color by Addition</p>	<p>22 STEAM: Dissolving Pumpkin Candies GYM: 2 Minute Drill SH: DIY Math Board Game</p>	<p>23 STEAM: Anatomy of a Pumpkin GYM: Air it Out SH: Space Facts</p>	<p>24 STEAM: Disappearing Pumpkin Art GYM: Football Flag Pulling SH: Binary Code</p>	<p>25 STEAM: Mixed Media Pumpkin GYM: 2-Square SH: Index Card Building Challenge</p>
<p>28 STEAM: Pony Bead Pumpkin GYM: 3 Catch SH: Squiggle Art</p>	<p>29 STEAM: Halloween Pointillism GYM: 3 Flies Up SH: Origami Spider Web</p>	<p>30 STEAM: Build a Spider Web GYM: Capture the Flag SH: DIY Jack o 'Lantern Memory Game</p>	<p>31 STEAM: Neon Lights Pumpkin GYM: Ship to Shore SH: Positive/Negative Space Jack o 'Lantern</p>	

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