   
October Snacks at Bear Creek K8   
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| SUN | MON | TUE | WED | THU | FRI | SAT |
|  |  | 1  Popcorn and Fruit | 2  String Cheese, Pretzels and Carrots | 3  Pita Chips, Hummus and Veggies | 4  Raid the Fridge | 5 |
| 6 | 7  Tortilla Chips with Salsa and Veggies | 8  Cereal with Milk and Bananas | 9  Bagels with Cream Cheese and Dried Fruit | 10  Veggie Straws with Cuties | 11  Raid the Fridge | 12 |
| 13 | 14  Cheez-its and Applesauce | 15  Crackers with Cheese and Cucumbers | 16  Turkey and Cheese Roll-Ups with Carrots | 17  Full Day @ Bear Creek | 18  Full Day @ Bear Creek | 19 |
| 20 | 21  Muffins and Fruit | 22  Rice Cakes and Apples | 23  Animal Crackers with Yogurt and Berries | 24  Guacamole with Tortilla Chips and Veggies | 25  Raid the Fridge | 26 |
| 27 | 28  Graham Crackers with Cream Cheese and Dried Fruit | 29  Cereal Bars and Fruit | 30  Goldfish and Carrots | 31  Nutri-grain Bars and Fruit Leathers |  |  |

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| Site Manager:  Kaitlyn Morones 303.519.6377  [Kaitlyn.Morones@ rrcc.edu](mailto:Kaitlyn.Morones@rrcc.edu) | Program Manager  Arielle Fry  Arielle.Fry@rrcc.edu  Program Director  Sarah Espinoza  Sarah.Espinoza@rrcc.edu | SACC Office Info  sacc@rrcc.edu  Hours:  6:30-8:50am &  3:50-6:00pm | All snacks are served with milk and water. | 3:50 CHOICES (Check in, Homework, Outside, Inside, Centers, Engineer, Snack)  4:45 STEAM or Gym | 5:15 Study Hall Box, Read Aloud, Study Hall Activity, Homework  5:30 Clean up and Centers |



October Activities at Bear Creek K8

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| MON | TUE | WED | THU | FRI |
| STEAM: Build Your Own Cubby  GYM: Space Mountain  SH: Bluey Charades | 1  STEAM: Weave Your Own Flappy  GYM: Shark Attack  SH: Barky Boats Book Chart | 2  STEAM: Tourist Camera  GYM: Superhero Cape  SH: Bluey Word Searches | 3  STEAM: Bluey Marionette  GYM: Houdini Hoops  SH: Bandit’s Letters | 4  STEAM: Gnome Toast  GYM: Stick with Me  SH: Learn How to Draw Bluey and Friends |
| 7  STEAM: School Safe Elephant Toothpaste  GYM: Cat and Mouse  SH: James Bond | 8  STEAM: Crayon Lava Lamp  GYM: Agility Run  SH: Solitaire | 9  STEAM: Drip Drop Bottle  GYM: 3 Catch Game  SH: Spit | 10  STEAM: What Color is Black?  GYM: Throw and Rub Flying Disc  SH: Tri Peaks Solitaire | 11  STEAM: Magic Painting  GYM: Flying Disc Baseball  SH: Speed |
| 14  STEAM: Anit-Brown Apple Experiment  GYM: Durango Boot  SH: Longest Paper Chain | 15  STEAM: Leaf Pounding  GYM: Flying Disc Golf  SH: DA Vinci Pencil Bridge | 16  STEAM: Fractal Leaf Art  GYM: Target Throw  SH: DIY Sundial | 17  Full Day @ Bear Creek | 18  Full Day @ Bear Creek |
| 21  STEAM: Fizzing Pumpkin  GYM: Ultimate Flying Disc  SH: Color by Addition | 22  STEAM: Dissolving Pumpkin Candies  GYM: 2 Minute Drill  SH: DIY Math Board Game | 23  STEAM: Anatomy of a Pumpkin  GYM: Air it Out  SH: Space Facts | 24  STEAM: Disappearing Pumpkin Art  GYM: Football Flag Pulling  SH: Binary Code | 25  STEAM: Mixed Media Pumpkin  GYM: 2-Square  SH: Index Card Building Challenge |
| 28  STEAM: Pony Bead Pumpkin  GYM: 3 Catch  SH: Squiggle Art | 29  STEAM: Halloween Pointillism  GYM: 3 Flies Up SH: Origami Spider Web | 30  STEAM: Build a Spider Web  GYM: Capture the Flag SH: DIY Jack o ’Lantern Memory Game | 31  STEAM: Neon Lights Pumpkin  GYM: Ship to Shore SH: Positive/Negative Space Jack o ’Lantern |  |

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