
October Snacks at Bear Creek K8
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| SUN | MON | TUE | WED | THU | FRI | SAT |
|  |  | 1Popcorn and Fruit  | 2String Cheese, Pretzels and Carrots | 3Pita Chips, Hummus and Veggies | 4Raid the Fridge  | 5 |
| 6 | 7Tortilla Chips with Salsa and Veggies | 8Cereal with Milk and Bananas | 9Bagels with Cream Cheese and Dried Fruit | 10Veggie Straws with Cuties | 11Raid the Fridge | 12 |
| 13 | 14Cheez-its and Applesauce | 15Crackers with Cheese and Cucumbers | 16Turkey and Cheese Roll-Ups with Carrots | 17Full Day @ Bear Creek | 18Full Day @ Bear Creek | 19 |
| 20 | 21Muffins and Fruit | 22Rice Cakes and Apples | 23Animal Crackers with Yogurt and Berries | 24Guacamole with Tortilla Chips and Veggies | 25Raid the Fridge | 26 |
| 27 | 28Graham Crackers with Cream Cheese and Dried Fruit | 29Cereal Bars and Fruit | 30Goldfish and Carrots | 31Nutri-grain Bars and Fruit Leathers |  |  |

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| Site Manager:Kaitlyn Morones303.519.6377Kaitlyn.Morones@rrcc.edu | Program ManagerArielle FryArielle.Fry@rrcc.eduProgram DirectorSarah EspinozaSarah.Espinoza@rrcc.edu | SACC Office Infosacc@rrcc.eduHours:6:30-8:50am &3:50-6:00pm | All snacks are served with milk and water. | 3:50 CHOICES (Check in, Homework, Outside, Inside, Centers, Engineer, Snack)4:45 STEAM or Gym | 5:15 Study Hall Box, Read Aloud, Study Hall Activity, Homework5:30 Clean up and Centers |



October Activities at Bear Creek K8

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| MON | TUE | WED | THU | FRI |
| STEAM: Build Your Own CubbyGYM: Space MountainSH: Bluey Charades | 1STEAM: Weave Your Own FlappyGYM: Shark AttackSH: Barky Boats Book Chart | 2STEAM: Tourist CameraGYM: Superhero CapeSH: Bluey Word Searches | 3STEAM: Bluey MarionetteGYM: Houdini HoopsSH: Bandit’s Letters | 4STEAM: Gnome ToastGYM: Stick with MeSH: Learn How to Draw Bluey and Friends  |
| 7STEAM: School Safe Elephant ToothpasteGYM: Cat and MouseSH: James Bond | 8STEAM: Crayon Lava LampGYM: Agility RunSH: Solitaire | 9STEAM: Drip Drop BottleGYM: 3 Catch GameSH: Spit | 10STEAM: What Color is Black?GYM: Throw and Rub Flying DiscSH: Tri Peaks Solitaire | 11STEAM: Magic PaintingGYM: Flying Disc BaseballSH: Speed |
| 14STEAM: Anit-Brown Apple Experiment GYM: Durango BootSH: Longest Paper Chain | 15STEAM: Leaf Pounding GYM: Flying Disc GolfSH: DA Vinci Pencil Bridge | 16STEAM: Fractal Leaf ArtGYM: Target ThrowSH: DIY Sundial | 17Full Day @ Bear Creek | 18Full Day @ Bear Creek |
| 21STEAM: Fizzing PumpkinGYM: Ultimate Flying DiscSH: Color by Addition  | 22STEAM: Dissolving Pumpkin CandiesGYM: 2 Minute DrillSH: DIY Math Board Game | 23STEAM: Anatomy of a Pumpkin GYM: Air it OutSH: Space Facts | 24STEAM: Disappearing Pumpkin ArtGYM: Football Flag PullingSH: Binary Code | 25STEAM: Mixed Media Pumpkin GYM: 2-SquareSH: Index Card Building Challenge  |
| 28STEAM: Pony Bead PumpkinGYM: 3 CatchSH: Squiggle Art | 29STEAM: Halloween Pointillism GYM: 3 Flies UpSH: Origami Spider Web | 30STEAM: Build a Spider WebGYM: Capture the FlagSH: DIY Jack o ’Lantern Memory Game | 31STEAM: Neon Lights PumpkinGYM: Ship to ShoreSH: Positive/Negative Space Jack o ’Lantern |  |

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