

October Snacks at Betty Adams

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Popcorn and Fruit	2 String Cheese, Pretzels and Carrots	3 Pita Chips, Hummus and Veggies	4 Raid the Fridge	5
6	7 Quesadillas with Salsa	8 Cereal with Milk and Bananas	9 Bagels with Cream Cheese and Dried Fruit	10 Veggie Straws with Cuties	11 Raid the Fridge	12
13	14 Cheez-its and Applesauce	15 Crackers with Cheese and Cucumbers	16 Turkey and Cheese Roll Ups with Carrots	17 Full Day @Semper	18 Full Day @Semper	19
20	21 Muffins and Fruit	22 Rice Cakes with Sunbutter and Apples	23 Animal Crackers with Yogurt and Berries	24 Guacamole with Tortilla Chips and Veggies	25 Raid the Fridge	26
27	28 Graham Crackers with Cream Cheese and Dried Fruit	29 Cereal Bars and Fruit	30 Goldfish and Carrots	31		

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Hours:
6:30-7:45am &
2:35-6:00pm

All snacks are served with Milk and Water

2:35 CHOICES
(Check in, Homework, Outside, Inside, Centers, Engineer, Snack)

3:30 STEAM or Gym

4:30 Study Hall
Box, Read Aloud, Study Hall Activity, Homework

5:15 Clean up and Centers

October Activities at Betty Adams

MON	TUE	WED	THU	FRI
<p>STEAM: Build Your Own Cubby GYM: Houdini Hoops SH: Bluey Charades</p>	<p>1 STEAM: Weave Your Own Flappy GYM: Space Mountain SH: Barky Boats Book Chart</p>	<p>2 STEAM: Tourist Camera GYM: Shark Attack SH: Bluey Word Searches</p>	<p>3 STEAM: Bluey Marionette GYM: Stick With Me SH: Bandit's Letters</p>	<p>4 STEAM: Gnome Toast GYM: Cat and Mouse SH: Learn How to Draw Bluey and Friends</p>
<p>7 STEAM: School Safe Elephant Toothpaste GYM: Flying Disc 3-Catch Game SH: James Bond</p>	<p>8 STEAM: Crayon Lava Lamp GYM: Flag Pulling SH: Solitaire</p>	<p>9 STEAM: Drip Drop Bottle GYM: Durango Boot SH: Spit</p>	<p>10 STEAM: What Color is Black? GYM: 5 Person Throw and Rub Flying Disc SH: Tri Peaks Solitaire</p>	<p>11 STEAM: Magic Painting GYM: Air it Out SH: Speed</p>
<p>14 STEAM: Anit-Brown Apple Experiment GYM: Target Throw SH: Longest Paper Chain</p>	<p>15 STEAM: Leaf Pounding GYM: 2 Minute Drill SH: DA Vinci Pencil Bridge</p>	<p>16 STEAM: Fractal Leaf Art GYM: Agility Run SH: DIY Sundial</p>	<p>17 Full Day @Semper</p>	<p>18 Full Day @Semper</p>
<p>21 STEAM: Fizzing Pumpkin GYM: Ultimate Flying Disc SH: Color by Addition</p>	<p>22 STEAM: Dissolving Pumpkin Candies GYM: Flying Disc Golf SH: DIY Math Board Game</p>	<p>23 STEAM: Anatomy of a Pumpkin GYM: Football Golf SH: Space Facts</p>	<p>24 STEAM: Disappearing Pumpkin Art GYM: Superhero's Cape SH: Binary Code</p>	<p>25 STEAM: Mixed Media Pumpkin GYM: All Run Flying Disc Baseball SH: Index Card Building Challenge</p>
<p>28 STEAM: Pony Bead Pumpkin GYM: 3 Flies Up SH: Squiggle Art</p>	<p>29 STEAM: Halloween Pointillism GYM: 2-Square SH: Origami Spider Web</p>	<p>30 STEAM: Build a Spider Web GYM: 3- Catch SH: DIY Jack o'Lanturn Memory Game</p>	<p>31 STEAM: Neon Lights Pumpkin GYM: 4 Corner Scramble SH: Positive/Negative Space Jack o'lantern</p>	

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