



July Snacks at Maple Grove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 AM: Oatmeal and Dried Fruit PM: Popcorn and Fruit Cups	2 AM: Muffins and Fruit Cups PM: Goldfish with String Cheese	3 AM: Graham Crackers with Fruit PM: Rice Cakes and Fruit	4 RRCC SACC CLOSED	5 RRCC SACC CLOSED
8 AM: Nutri-Grain Bars with Cuties PM: Fig Bars and Veggies	9 AM: Muffins and Fruit Cups PM: Tortilla Chips with Guacamole and Veggies	10 AM: Cereal and Bananas PM: Pita Chips with Hummus and Cucumbers	11 Raid the Fridge	12 AM: Yogurt and Berries PM: Pretzels and Applesauce
15 AM: Oatmeal with Berries PM: Rice Cakes and Fruit Cups	16 AM: Cereal with Berries PM: Fig Bars and Fruit	17 AM: Yogurt with Muffins PM: Wheat Thins with Cheese and Carrots	18 Raid the Fridge	19 AM: Graham Crackers with Frozen Fruit Pops PM: Veggie Straws and String Cheese
22 AM: Yogurt with Berries PM: Tortilla Chips with Salsa and Veggies	23 AM: Fig Bars with Fruit PM: Salad with Veggies, Croutons and Dressing	24 AM: Muffins and Fruit Cups PM: Popcorn with String Cheese and Applesauce	25 Raid the Fridge	26 AM: Bagels and Cream Cheese with Dried Fruit PM: Goldfish and Fruit Leathers
29 AM: Muffins and Fruit PM: Turkey and Cheese with Grapes	30 AM: Oatmeal and Berries PM: Pita Chips and Hummus with Veggies	31 AM: Nutri-Grain Bars and Fruit PM: Rice Cakes and Fruit	1 Raid the Fridge	2 AM: Cereal and Bananas PM: Pretzels and Fruit Cups

Program Information

Site Phone: 303.519.3742

Site Managers:

Liz Boyer elizabeth.boyer@rrcc.edu

Joshua Francis joshua.francis@rrcc.edu

Hailey Sierra hailey.sierra@rrcc.edu

Program Manager: Allie Jone allie.jones@rrcc.edu

Program Administrator: Sarah Espinoza

sarah.espinoza@rrcc.edu

Accounts: RRCC.SACC@rrcc.edu 303.914.6515

Snacks are served with milk and water.

