



## Fire Fighter I, Haz Mat Operations Academy Spring 2025 Information Packet

**Please print the entire packet, then read it thoroughly for a clear understanding of the application process and Academy expectations.**

### **General information**

The fire academy is a rigorous 16 week, 12 credit program provides the education and training required to take the State Firefighter I and Haz Mat Ops exams. This includes lectures by seasoned firefighters and hands-on practical evolutions. Academy students will experience operations such as house burns, car fires, forcible entry, ground fires, and many others. If you are looking for a career in firefighting, or if you want to serve as a volunteer firefighter in your community, this is an excellent place to begin. Enrollment is limited to 40 students each semester.

Students who pass the Firefighter I portion of the Academy will be eligible to take the State Firefighter I written and practical certification exams, including the live burn exam. The cost associated with this exam is approximately \$50 dollars.

Students who pass the Hazardous Materials portion will be eligible to take the State Hazardous Materials Awareness and Operations written exams and practical certification exam. The cost associated with this exam is approximately \$50 dollars.

### **Admissions Policies and Practices**

Red Rocks Community College is committed to diversity in its people and programs. The College is an equal opportunity educational institution which prohibits all forms of discrimination and harassment including those that violate federal and state law, or the State Board for Community Colleges and Occupational Education Board Policies 3-120 and/or 4-120. The College does not discriminate on the basis of race, creed, color, sex/gender, sexual orientation, gender identity or expression, religion, age, national origin or ancestry, pregnancy status, veteran's status, genetic information, physical and/or mental disability or any other category protected by applicable law in its employment practices or education programs. Red Rocks Community College will take appropriate steps to ensure that the lack of English language skills will not be a barrier to admission and/or participation in vocational education programs.

The College has designated the Executive Director of Human Resources as its Affirmative Action Officer/Title IX Administrator/Equal Opportunity Administrator with the responsibility to coordinate its civil rights compliance activities and grievance procedures. For information, contact: Executive Director of Human Resources, Title IX Administrator, Title VII/Equal Opportunity Administrator, ADA/Section 504 Administrator, PO Box 17, 13300 West Sixth Avenue, Lakewood, CO 80228-1255. Telephone: 303-914-6298

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## Prerequisites:

- Proof of age 18 by the first day of class (no exceptions)
- Must possess a high school diploma or GED
- The student must be eligible to enroll in ENG 1021 or provide proof of completion of ENG 1021, or its equivalent, with a grade of C or higher
- Meeting set up with Advising.

## Courses

The fire academy consists of **FST 1001 and FST 1007**. **Remember to sign up and register for both.** Classes run concurrently, and students will meet and attend these classes on Thursdays and Fridays. In some cases, such as with military funding requirements, the student will need to have up to 3 more college credits taken the same semester as the academy classes to apply for such benefits and this class would be a suggested area of study. Other Fire Science classes are listed in the Catalog relating to a Fire Science Degree.

## Co-requisites:

The fire academy is generally taken during the third semester of the Fire and Emergency Services Degree. It is highly recommended that you take at least one three credit general education course during an Academy semester to stay on track to complete your degree in four semesters, or to fulfill any military funding requirements. (15 credit hrs.)

## Registration Process:

Registration for the Spring 2025 semester will start on October 28<sup>th</sup>, 2024. Students with all the required prerequisites are admitted to the program on a first-come, first-served basis. The two courses are corequisites and prospective students need to talk with an RRCC Advisor for admittance into the program.

Please complete the steps shown below.

- Meeting with a RRCC advisor is mandatory. Meetings with the department chair are also encouraged.
- Complete the RRCC online application and sign up for COF (College Opportunity Fund) at Red Rocks Community College.
- Ensure eligibility to enroll in ENG 1021 either through placement exam scores or prior coursework, or show proof of prior completion of ENG 1021, or its equivalent, with a C or better.
- Obtain a copy of your high school diploma or GED.
- Obtain proof of age 18 by the first day of class (no exceptions).
- Once the above documents/processes have been completed, meet with the advisor for a second time if needed.

## Once Registered

- Complete a background check (Instructions come later in this document)
- Complete FEMA online classes to obtain the ICS certificates. (Instructions come later in this document)

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All application packets must be completed, printed, signed, and filled out by orientation night. Bring these completed packets to the orientation night and to the first day of class. On the first day of class, you will turn in your packets to the Drill Master or their designee. See the first day of class requirements as well.

## **Mandatory Orientation:**

- The mandatory orientation for the Spring 2025 Academy will be held on January 7th at 5:00 pm in the Community Room (room #1280) on the Red Rocks Community College Lakewood Campus.
- Please arrive no later than 4:45 pm to check in
- After this date we will no longer register students for this semester's academy except under certain circumstances approved by the Department Chair or Dean of Academic Affairs. We reserve the right to adjust this orientation time, location, presentation, and attendance requirements due to circumstances that might arise beyond our control.
- All requirements, rules, and expectations by the school, or the Clear Creek Fire Authority known as CCFA throughout this document, including academy drill grounds and or classrooms must be adhered to.
- Currently no vaccination is required for COVID before students are allowed to participate in the academy. If the CDC and or RRCC or CCFA guideline changes, students may be required to fulfil these new requirements.
- The Fire Academy training is academically, physically, and mentally rigorous and exacting; students are strongly encouraged to bring at least one parent, spouse or significant other to this meeting so that they too may understand what will be asked of each Fire Academy student.
- At the orientation the Red Rocks Fire Academy Instructor(s) and the Faculty Chair or their assignees will explain the guidelines, procedures, and policies required to successfully complete the Academy and pass the State Written and Practical Exams. You will be sized for your personal equipment you are to purchase as well as be fitted for your turnout gear, SCBA packs and helmets. This may also be deferred to the Clear Creek fire training facility on the first day of class.

## **General Information:**

- The Academy is held Thursdays from 3 pm to 9 pm, and on Fridays from 6:30am to 6:00 pm. The first day of training is Thursday, January 16, 2025, and the last day of training is Friday, May 9, 2025. The building is open at 6:30 Am. There are no sick days, and you are expected to be at class every day before start time each day. Absences, lack of effort, and assignments not being turned in or completed are grounds for removal from the academy.
- State FF1 exams normally occur after the academy, or in the last week of academy or as scheduled by the Drill Master. A class schedule will be provided at the beginning of the class. Pay attention to any schedule changes as might be posted and we reserve the right to adjust the topics of each class session as needed.
- Students should plan on spending approximately 2 hours of study/practice time for each hour spent in class and on practical skills (roughly 36 hours of homework/study per week)

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- The State of Colorado Division of Fire Prevention & Control (CDFP&C) certification testing dates (Firefighter I and Hazardous Materials Operations) will be announced in the Academy
- A Graduation Ceremony will be held in the RRCC Community Room, to be scheduled in May after the end of the semester. Dates will be announced during the academy. All family and friends are encouraged to attend. For this Class graduation all students are expected to be dressed in business professional attire for this ceremony. IE coat and tie event. There will be a mandatory practice day the day before the ceremony.

### Special health department Requirements When/if in place:

It is the student's responsibility to follow all guidelines required to have a safer academy experience. Plan on adjustments to the schedule and other safety requirements being updated on a as need basis. This may include social distancing, mask and required vaccinations as and when posted.

### Grant Funding:

Your class could be free with the [Career Advance Colorado Grant](#)

If you qualify for free grant funding Career Advance Colorado can pay your tuition, fees, and other program costs (i.e. textbooks, background check, equipment, etc.) for the fire academy.

To see if you qual follow these steps:

- Complete the [FAFSA](#) financial aid application (ASSET/DACA recipients, complete the [CASFA](#)). Contact Financial Aid if you would like help with this step.
- Apply for and authorize the [College Opportunity Fund \(COF\) Stipend](#) (Colorado residents only)
- Have a complete financial aid file
- Be classified as a Colorado resident for tuition purposes
- Declare an eligible certificate listed [here](#).
- If you need to update your program of study, you can use [this form](#) to declare one of the eligible certificates.
- If you already have a certificate or degree declared but want to add one of the eligible certificates as a second priority, email [Student.Records@rrcc.edu](mailto:Student.Records@rrcc.edu) from your student email account to request the change.
- Please reach out to the Financial Aid office if you have any questions.

### Expected costs

- Resident tuition and fees (with COF applied) are approximately \$2,500.
- Financial aid may be available, please contact RRCC Financial aid directly with questions regarding financial aid.

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- In addition, each student must purchase required textbooks and workbooks (approximately \$300), NFPA compliant structural firefighting “bunker” boots (approximately \$150), NFPA compliant structural firefighting gloves (approximately \$80), Protective hood (approximately \$40), two academy tee shirts (approximately \$15 each) academy hats (approx. \$20 dollars) and two blue BDU style pants (approximately \$35 each).
- Two academy Face masks if required with correct color and logo, at prevailing costs.
- Vendor information will be provided at the orientation.
- All tuition and costs listed are approximate and subject to change.

### Academic Demands

The program demands a high level of academic performance both within the classroom as well as with homework assignments. This requires that the student attend all class sessions as well as adequately prepare for and follow through with the self-study workload outside of class. Students can expect approximately two hours of homework/study time for each hour of time spent in class or on Drill Ground. This equates to an additional 26 hours per week outside of the classroom or Drill Grounds.

RRCC reminds students, if this is their first semester of post-secondary education, of the heavy workload and self-discipline necessary to successfully complete the Academy and Haz Mat programs. Students may elect to forgo this academy until after one semester of course work is completed at the college, but this is not required. Students will need a high level of maturity to meet the challenge and will be rewarded for a job well done concerning this career path.

### College Placement Exam:

The college placement exam is offered at the RRCC Assessment Center for students who have not met the English 121 pre-requisite. Please visit the [Assessment Center website](#) for testing times and availability or contact them at 303-914-6720.

No appointment is needed for the computerized exam and there is no cost for the initial attempt. Allow approximately two hours to complete the exam. Placement exams must have been taken within the last five years to be accepted for admission into the academy

### Marijuana Use in Public Service Occupations

In 2012, with the approval of Amendment 64, the use of recreational marijuana became legal in Colorado for those 21 years of age and older. In 2015 in the case of Coats vs. Dish Network, the Colorado Supreme Court ruled that employers do have the right to refuse employment, or terminate employment, for the use of marijuana (recreational or medical), even in situations where that use was when the employee was not on paid time. Currently most public safety agencies and healthcare agencies continue to prohibit the use of marijuana in their substance abuse policies and employment policies, which includes students who are completing rotations as part of their educational program.

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## First Day of Class:

Bring the following information to the first day of class.

- Copy of Driver's License or a government issued photo ID with birthdate.
- Copy of FEMA ICS 100, ICS 200, and ICS 700 certificates
- Proof of completion of a background check through CastleBranch
- Proof of healthcare insurance
- Completed student information form
- A completed medical release form, signed by a health care provider, documenting that you do not have any condition that would endanger your health during your education
- Proof of vaccinations and a TB test within the last 12 months.
- The medical release form can be completed by the student's primary care physician, or at the Red Rocks student health clinic.
- A completed RRCC Release of Liability Form
- A completed site facility Release of Liability Form (CCFA)
- A CPR card demonstrating completion of an American Heart Association CPR course at the BLS Provider level. (This is a one-day course offered at Red Rocks Community College as HPR 1011. It may also be taken at any CPR training center. The card must be valid through the end of the semester.
- Required textbooks obtained from the RRCC bookstore
- Change of clothes from classroom attire to work out clothes
- Face Masks until assigned masks are handed out (when required)
- Be prepared for the first written exam –Books must be purchased and reviewed after orientation night for the first day of class. It is suggested all reading material be purchased once accepted into the program and not wait until after orientation night.
- Lunch and snacks as needed for personal consumption No refrigeration is provided at site or is limited.

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## Background Check

The background check is completed by an external company, CastleBranch, and is mandatory for all students participating in a healthcare program. Background checks must have been completed within the last 12 months preceding the end of the semester and cannot be transferred from another school.

Please visit the [CastleBranch website](https://cccs.castlebranch.com) (cccs.castlebranch.com) to complete the background check.

- On the home screen please click on “Place Order”
- Click on “Red Rocks Community College” on the page requesting you to select your school
- From the dropdown box choose “Fire Science Technology Academy”
- From the next dropdown box that appears on that page choose the appropriate option
- Do not click anything, just wait for the page to reload
- Confirm your order, click the box at the bottom indicating you have read the terms and conditions, and click on “Continue Order”
- Complete the following screens providing the requested information.

Be sure your information is correct. It is not possible to make changes to your order after it has been submitted. If your order is submitted with incorrect information you will need to submit another background check with additional fees.

Please contact CastleBranch at 1-888-723-4263 or [customerexp.cu@castlebranch.com](mailto:customerexp.cu@castlebranch.com) with any questions or if you experience any problems with the ordering process.

If the investigation reveals information that could be relevant to the application, the designated individual responsible for background checks may request additional information from the applicant. The offense shall be reviewed on a case-by-case basis.

A list of [disqualifying offenses](#) can be found by clicking the appropriate link on the website.

Students who have successfully completed the terms of a deferred adjudication agreement will not be disqualified.

If any applicant feels the criminal background check is inaccurate, they may appeal the decision and request a review with the specific community college applied at. It is the applicant’s burden to produce substantial evidence that proves the crimes charged are incorrect.

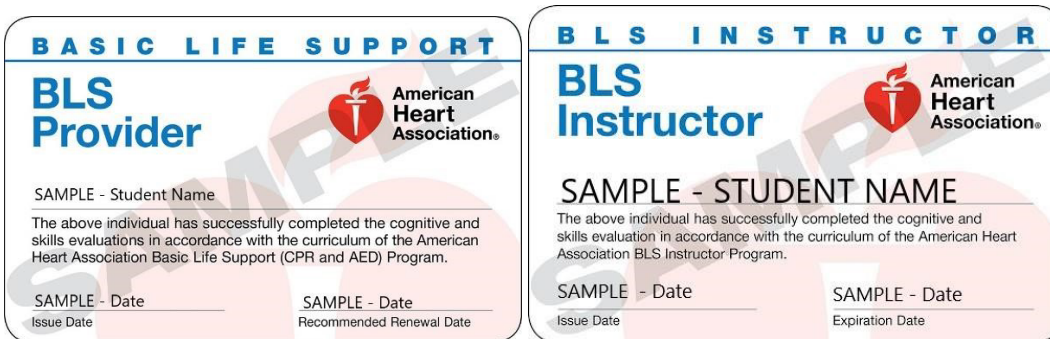
## Acceptable BLS Cards

As stated in Colorado Board of Health Rules 6-CCR-1015-3, Chapter 1- EMS Rules CPR at the healthcare provider level is required to be an EMT in the state of Colorado. Moreover, most of the EMS agencies and hospitals we utilize for the clinical and internship portions of our programs require CPR for the Healthcare Provider or BLS provider from the American Heart Association. Therefore, the following CPR cards are the only ones that will be accepted by the RRCC EMS Program.

### American Heart Association

- BLS Provider
- BLS Instructor

The exact card issued may look like one of the examples on the next page or may vary based on when it was issued.





**Firefighter I Academy Student Information Form**  
**Please type or print**

Student ID number: (S number issued by RRCC): \_\_\_\_\_

Name: \_\_\_\_\_  
                        Last                                  First                                  Middle

Date of Birth: (Month, Day, Year) \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Emergency Contacts**

Name	Relationship	Primary Phone	Secondary Phone
_____			
_____			

Current medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Personal Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

In the event of an emergency, I hereby authorize Red Rocks Community College and/or **CCFA** to release all information on this form to appropriate medical personnel.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Red Rocks Firefighter 1 Academy Medical Release Form Please Type or Print

### Instructions for Providers

The person bearing this form has been extended an offer of admission to the Red Rocks Community College Fire Academy. To matriculate into the Academy, the student must demonstrate that they are free of any medical conditions that would prevent them from performing the physical tasks necessary for a fire career. Academy students are expected to perform at emergency incidents and will be required to perform in training drills and emergency exercises. Students will participate in exercises that include but are not limited to fire suppression activities, ladder exercises, hose and fire stream operations, and physical conditioning. Tasks that the academy students will be asked to do (but are not limited to) will include: running, sitting, lifting, throwing, kneeling, squatting; general calisthenics - sit ups, pull ups, pushing, jumping, and obstacle courses, etc.

These students are required to meet the standards of CFR 1910.134 (Respiratory Protection). At the expense of the student, please interview and examine this prospective student and complete the statement on the following page.

Medical conditions that may disqualify or postpone a person from participating in the academy include contracting any communicable disease such as COVID, and are not limited to:

- All uncontrolled seizure disorders
- Allergic respiratory disorder
- Anemia
- Arthritis
- Asthma
- Chronic lung diseases
- Chronic sinusitis
- Congestive heart failure
- Diabetes mellitus
- Disorders producing orthostatic hypotension
- Documented predisposition to heat stress
- Emphysema
- Hemophilia, VonWillebrand's disease and other clotting/bleeding disorders
- Hernia
- Impaired immune system
- Labyrinthine or vestibular disorders with vertigo
- Malignant diseases not in remission
- Multiple sclerosis
- Muscular atrophies
- Myocardial insufficiency
- Neurological disorders with ataxia
- Peripheral vascular disease
- Pregnancy (after 1st trimester)
- Progressive muscular dystrophy
- Severe congenital deformities of the spine, trunk, or limbs
- Severe eczema or other dermatitis including dyshidrotic types
- Severe limitations of motion of joints

Additional Reference: NFPA 1582 – Medical requirements for fire fighter

This form is valid for 12 calendar months.

You are welcome to call the Red Rocks Fire Academy Chair at 303-914-6202. Please complete and sign

## Red Rocks Firefighter 1 Academy Medical Release Form

**NAME OF PATIENT:** \_\_\_\_\_

I understand the above-named patient has been tentatively extended an offer of admission to the Red Rocks Firefighter 1 Academy during the \_\_\_\_\_ semester of 20\_\_\_\_

I have examined \_\_\_\_\_ and have determined that in accordance with CFR 1910.134 (Respiratory Protection) the applicant

\_\_\_ Does *not* have a health or physical condition which could endanger the health or well-being of themselves, faculty or students, or would prevent them from performing the physical tasks required for a firefighter academy

\_\_\_ Does appear to have a health or physical condition which could endanger the health or well-being of themselves, faculty or students, or would prevent them from performing the physical tasks required for a firefighter academy

### Additional Requirements:

Please also provide documentation of the following tests/vaccinations:

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1. Chicken pox or varicella vaccination Date of illness or vaccination: \_\_\_\_\_

2. Tetanus Date of last vaccination or booster: \_\_\_\_\_

3. MMR Date of last vaccination or booster: \_\_\_\_\_

4. Tuberculosis Testing (less than one year old)

Date Tested: \_\_\_\_\_ Date Read: \_\_\_\_\_ Positive/Negative (circle one)

If **positive**, date re-tested: \_\_\_\_\_ Date Read: \_\_\_\_\_ Positive/Negative (circle one)

If **positive**, date of Chest X-Ray: \_\_\_\_\_

5. Hepatitis B Vaccine (3-shot series)

Date 1st vaccine received \_\_\_\_\_ Titer Date (if applicable): \_\_\_\_\_

Date 2nd vaccine received \_\_\_\_\_ Results: \_\_\_\_\_

Date 3rd vaccine received \_\_\_\_\_

6. COVID-19 Vaccine (if vaccinated)

Date 1st vaccine received \_\_\_\_\_ Titer Date (if applicable): \_\_\_\_\_

Date 2nd vaccine received \_\_\_\_\_ Results: \_\_\_\_\_

7. Seasonal Influenza Vaccine Date of vaccination: \_\_\_\_\_

\_\_\_\_\_  
*Signature of provider*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Printed name and Professional Degree of provider*

\_\_\_\_\_  
*Telephone number*

**RED ROCKS COMMUNITY COLLEGE  
STUDENT WAIVER OF LIABILITY FORM**

Red Rocks Community College is an Institution of Higher Education in the State of Colorado and, as such, is covered by the Colorado Governmental Immunity Act, C.R.S. 24-20-101 et seq. This law provides that the State and its institutions are immune from lawsuits for injuries suffered by private persons, except, in specific situations listed in the law, where immunity is specifically waived. In other words, by law, if a student suffers an injury as a result of participation in instructional activities of the college, the college is immune from fiscal liability for such injury. For this reason, students are strongly encouraged to obtain medical insurance coverage, if they do not already have coverage, before participating in activities that present a risk of physical injury.

I am exercising my own free choice to participate voluntarily in (Firefighter One Training Academy), and I promise to take due care during such participation. I have been informed of the nature of these activities, and I am aware of the hazards and risks that may be associated with my participation in these activities, including the risks of bodily injury, death or damage to property from known or unknown causes.

In consideration of the privilege of participating in instruction offered by employees of Red Rocks Community College, I have and do hereby assume all risks and will hold Red Rocks Community College and its employees and agents harmless from any and all liability, actions, causes of action, debts, claims and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with participation in instruction activities arranged for me by Red Rocks Community College or its employees or agents. The terms hereof shall serve as a release and assumption of risk for my heirs, executors and administrators and all members of my family.

In signing below, I hereby assert that:

- I have read this document
- I understand that Red Rocks Community College is covered by the Colorado Governmental Immunity Act
- I am personally liable for injuries that I may suffer as a result of participation in this activity

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

## **CCFA RELEASE AGREEMENT**

### **THIS IS A RELEASE OF LIABILITY.**

### **READ IT CAREFULLY AND COMPLETELY BEFORE SIGNING.**

### **ACTIVITY PARTICIPATION ASSUMPTION OF RISK, RELEASE, WAIVER, AND DISCHARGE**

I, \_\_\_\_\_ (“Student”), acknowledge that I have requested permission from the Clear Creek Fire Authority (hereinafter referred to as “CCFA”) to participate in FST 1000 – Firefighter I and/or FST 1007 – HazMat Operations (Level) I being taught by CCFA and offered as college courses through Red Rocks Community College.

NOW, THEREFORE, in consideration of being permitted to participate in the activity identified above and having been fully informed of the nature of the above-listed activity offered by CCFA and the risks inherent in participating in such activity, state that I understand such activity involves exercise or physical exertion of varying degrees of difficulty, which may be strenuous and taxing both physically and mentally. I further understand that by participating in this activity I run the risk of mental and physical injury, both internal and external, temporary, or permanent, or the risk of death, and may run the risk of developing mental stress.

1. Assumption of Risk. I have independently evaluated and reviewed the risks and determine to engage in the above-listed activity with full knowledge and acceptance of the risk. Fully understanding these risks, I, for myself, my spouse, my legal representatives, heirs, and assigns, hereby agree to assume full responsibility and liability for the risk of mental and bodily injury (including death), or property damage, including damage, loss or theft of my personal property, which may result from participation in this activity.

2. Release. I, for myself, my spouse, my legal representatives, heirs and assigns, hereby waive, release, and discharge CCFA, its officials, employees, volunteers, officers, attorneys, and agents (hereinafter included within the term “CCFA”) from any and all liability to me, my spouse, my legal representatives, heirs, and assigns, for any and all losses or damages resulting therefrom, on account of any injury to me, even injury resulting in death, or to my property, whether caused by negligence of CCFA or otherwise, which claims, losses, and demands arise during or result directly or indirectly from participation in the subject activity.

3. Indemnification. I agree to fully indemnify and hold harmless CCFA, from any and all losses, liabilities, damages, or costs, including reasonable attorney’s fees, which may be incurred as a result of injuries to me which arise from my participation in the subject activity, whether any such loss or liability was caused by the negligence of CCFA or otherwise. I further agree to indemnify and hold harmless CCFA for any acts or conduct on my part, of whatever kind or nature whatsoever, while participating in the above-listed activity.

4. Responsibility for Care. I acknowledge and agree that CCFA reserves the right to call emergency medical aid should I become ill or injured during my participation in the subject activity and that I accept full responsibility, through health insurance or otherwise, for any financial obligations arising from such emergency medical aid or transportation to a medical facility.

5. Compliance with CCFA Rules and Instructions. I agree to follow and obey all rules and regulations of the CCFA and instructions of the CCFA instructors regarding participation in the subject activity and for the use of facilities and equipment used therein. I agree that if I fail to follow and obey all such rules, regulations and instructions that I may be immediately prohibited from participating in the activity and prohibited from being present at the facilities at which the activity is being conducted, either temporarily or permanently. I further agree that CCFA’s failure to prohibit my participation or presence for such failures shall not in any way invalidate or lessen the assumption of risk, waiver and release I am providing herein.

6. Extent of Release. The undersigned expressly agrees that this Release and Indemnification is intended to be as broad and inclusive as is permitted by the laws of the State of Colorado. If any portion of this Release and Indemnification is held invalid, the balance shall, notwithstanding,

continue in full legal force and effect.

7. Knowledge and Consent. The undersigned has carefully read the foregoing assumption of risk, waiver, release, and discharge provisions and knows and understands fully the contents of said provisions. No oral representations, statements or inducements, other than the foregoing written agreement have been made.

8. Counterparts, Electronic Signatures and Electronic Records. This Release may be executed in two counterparts, each of which shall be an original, but all of which, together, shall constitute one and the same instrument. The undersigned consents to the use of electronic signatures and agrees that the transaction may be conducted electronically pursuant to the Uniform Electronic Transactions Act, § 24-71.3-101, *et seq.*, C.R.S. This Release and any other documents requiring a signature may be signed electronically. The undersigned agrees not to deny the legal effect or enforceability of this Release, solely because it is in electronic form or because an electronic record was used in its formation. The undersigned agrees not to object to the admissibility of this Release in the form of an electronic record, a paper copy of an electronic document, or a paper copy of a document bearing an electronic signature on the grounds that it is an electronic record or an electronic signature or that it is not in its original form or is not an original.

The foregoing Activity Participation Assumption of Risk, Release, Waiver, and Discharge was read and understood by the undersigned this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

STUDENT: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

PARENT OR GUARDIAN OF MINOR:

Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

## Instructions for completing FEMA online courses

Prior to the first day of the academy, you will need to complete the following FEMA independent study courses. These are free online courses and offered at no cost to you. Be sure to complete the final exam for each course online. Bring your completed certificates of completion to the first day of class. Each certificate is worth 3 points towards your grade. It can take up to a week to get your certificates, so do this as soon as possible.

These courses can be found at the [FEMA website](#)

- ICS 100 – Introduction to the Incident Command System
- ICS 200 – Basic Incident Command System for Initial Response
- ICS 700 – An Introduction to the National Incident Management System
  
- Review course materials by choosing any one of the options.
- Select the "Take Final Exam Online" link (found on each Course Overview page).
- Enter your SID and your additional Student Information.
  - If you do not have a SID you will be given the option to create a FEMA SID account
- Answer the exam questions and submit your answer choices.

NIMS Core Curriculum Courses are comprised of ICS, NIMS, and All-Hazards Position Specific (AHPS) courses detailed below:

### ICS and NIMS Courses

- [ICS-100: Introduction to the Incident Command System](#)
- [ICS-200: ICS for Single Resources and Initial Action Incidents](#)
- [ICS-300: Intermediate ICS for Expanding Incidents](#)
- [ICS-400: Advanced ICS for Command and General Staff](#)
- [IS-700: National Incident Management System, An Introduction](#)
- IS-703: NIMS Resource Management

## OSHA Medical Reporting To be completed by the applicant

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

1. Have you worn a respirator? Yes \_\_\_\_\_ No \_\_\_\_\_

a. If yes, what type? \_\_\_\_\_

2. Do you currently smoke tobacco? Yes \_\_\_\_\_ No \_\_\_\_\_

3. Have you smoked tobacco in the last month? Yes \_\_\_\_\_ No \_\_\_\_\_

4. Have you ever had any of the following? (Circle or highlight all that apply)

- |                                           |                                                                   |
|-------------------------------------------|-------------------------------------------------------------------|
| a. Seizures                               | w. Shortness of breath when:                                      |
| b. Diabetes                               | i. Walking fast uphill                                            |
| c. Allergic reactions                     | ii. Walking fast on level ground                                  |
| d. Claustrophobia                         | iii. Washing or dressing                                          |
| e. Pulmonary problems                     | iv. Working – Interferes with job                                 |
| f. Lung problems                          | x. Wheezing                                                       |
| g. Asbestosis                             | y. Wheezing that interferes with job                              |
| h. Asthma                                 | z. Chest pain when you breathe deeply                             |
| i. Emphysema                              | aa. Cardiovascular or heart problems                              |
| j. Pneumonia                              | bb. Swelling in hands or feet                                     |
| k. Tuberculosis                           | cc. Stroke                                                        |
| l. Silicosis                              | dd. Angina                                                        |
| m. Pneumothorax                           | ee. Heart failure                                                 |
| n. Lung cancer                            | ff. Heart arrhythmia                                              |
| o. Broken ribs                            | gg. High blood pressure                                           |
| p. Chest injuries                         | hh. Other heart problems                                          |
| q. Chest surgeries                        | ii. Frequent pain or tightness in your chest                      |
| r. Other lung problems                    | jj. Pain or tightness in your chest during physical activity      |
| s. Current lung problems                  | kk. Pain or tightness in your chest that interferes with your job |
| t. Coughing that produces phlegm          | ll. Heart skipping or missing a beat                              |
| u. Coughing that wakes you in the morning | mm. Heartburn or indigestion not related to eating                |
| v. Coughing up blood                      |                                                                   |



5. Do you currently take medications for any of the following? (Circle or highlight all that apply)

- a. Breathing or lung problems
- b. Blood pressure
- c. Heart problems
- d. Seizures

6. If you have used a respirator have you had any of the following? (Circle or highlight all that apply)

- a. Eye irritation
- b. General weakness or fatigue
- c. Skin allergies or rashes
- d. Anxiety (Specify: \_\_\_\_\_)
- e. Other problems

7. Have you ever lost vision in either eye? Yes \_\_\_\_\_ No \_\_\_\_\_

8. Do you currently have vision problems? Yes \_\_\_\_\_ No \_\_\_\_\_

9. Do you wear any of the following? (Circle or highlight all that apply)

- a. Glasses
- b. Contact lenses

10. Are you color blind? Yes \_\_\_\_\_ No \_\_\_\_\_

11. Have you ever had any injury to your ears? Yes \_\_\_\_\_ No \_\_\_\_\_

12. Do you currently: (Circle or highlight all that apply)

- a. Have difficulty hearing
- b. Have any other ear trouble
- c. Wear a hearing aid

13. Have you ever had a back injury? Yes \_\_\_\_\_ No \_\_\_\_\_

14. Do you currently have any of the following? (Circle or highlight all that apply)

- a. Weakness in any of your arms, hands, legs, or feet
- b. Back pain
- c. Difficulty fully moving your arms or legs
- d. Pain or stiffness when you lean forward or backward at the waist
- e. Fully moving your head up and down
- f. Fully moving your head from side to side
- g. Bending at your knees
- h. Squatting to the ground
- i. Climbing a flight of stairs or ladder with more than 25 pounds
- j. Other musculoskeletal problems

15. Do you have dizziness, shortness of breath, pounding in your chest, or other symptoms at high altitudes?  
Yes \_\_\_\_\_ No \_\_\_\_\_

16. Have you ever been exposed to hazardous solvents or hazardous chemicals? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes specify: \_\_\_\_\_

17. Have you ever worked with any of the following? (Circle or highlight all that apply)

- a. Asbestos
- b. Silica
- c. Tungsten
- d. Cobalt
- e. Beryllium
- f. Aluminum
- g. Coal dust
- h. Iron
- i. Tin
- j. Dusty conditions
- k. Other hazardous exposure

18. List any secondary jobs or businesses: \_\_\_\_\_  
\_\_\_\_\_

19. List your previous occupations: \_\_\_\_\_  
\_\_\_\_\_

20. List your current and previous hobbies: \_\_\_\_\_  
\_\_\_\_\_

21. Have you ever been in the military? Yes \_\_\_\_\_ No \_\_\_\_\_

22. Have you ever worked on a HAZMAT team? Yes \_\_\_\_\_ No \_\_\_\_\_