



THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF OCTOBER 28TH- NOVEMBER 3RD, 2013

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

Get To Know...



Krystal Tubbs

About:

Where she's from: Colorado

Her major: English

Someday she wants to:

Inspire people

Last trip she took: Hawaii

Childhood idol & superhero:

Sailor Moon

Her one wish: Be out of debt

Daily craving: Peanut butter & honey

Her last meal:

Something with dill pickles

Dinner with anyone from

anytime: The Doctor

Pet peeve: Lying

Greatest fear: To never achieve

my dreams

Favorites:

Activity: Procrastinating

Color: Blue

Artwork/Artist: Van Gogh

Movie: Back to the Future

Book/Author: Patrick Rothfuss

Amendment: 1st

Planet/star/galaxy/etc: Milky Way

Animal: Unicorn

Flower: Sunflower

Tea: Earl Grey

Students! We want to get to know you! Stop by the Student Project Center if you would like to be in our next edition! More "John" on the back!

Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

RTD -with Special Discount card- \$8.50

Locker Rental - \$7 - \$8

Movie Tickets (limit 6) - \$8

Elitches Tickets (limit 6) - \$27.99

Postage Stamps (limit 6) - 46¢

Photocopies - 10¢/page

Color Prints - 50¢/page

Faxes - 50¢ local \$1 long distance

Free Checkout with ID:

Playstation 3 and Xbox 360 Games

Pool Balls and Cues

Computer Equipment

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

CAMPUS ACTIVITIES

Tuesday, October 29th

STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK. UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID.

11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Wednesday, October 30th

Test Anxiety

Don't be frightened! Relax and tackle your tests with a few techniques you can apply before, during, and after the exam. This is a FYI event! 5:00 - 6:00 p.m., in the Community Room

Creative Readings

English Faculty members will read their own original works of fiction, poetry, and creative non-fiction. 4:00 - 5:00 p.m. in the Library.

STUDENT FOOD BANK:

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11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Thursday, October 31st

Halloween Costume Contest!

Prizes for the top three costumes in the Great Hall from noon - 1:00 p.m.

Test Anxiety

1:00 - 2:00 p.m., in the Community Room.

*See Wednesday, October 30th for details.

Saturday, November 2nd

Test Anxiety

10:00 - 11:00 a.m., in the College Prep Zone, Learning Commons.

*See Wednesday, October 30th for details

Career Assessment Workshop

Not sure what major or career to pursue? Consider taking the two most proven career assessments. 9:00 a.m. - 12:00 p.m. in the Red Fox Room.

Grab-n-Go!

At the Student Life Desk
10:00 a.m. - 2:00 p.m.

Help your RRCC Gamers!

RRCC Clubs have come together to help Children's Hospital by raising money and playing any kind of game for 24 hours on Saturday Nov. 2nd 8:00 a.m. to Sunday Nov. 3rd 8:00 a.m. in the Community Room on the Lakewood campus. Please help us by donating here:

www.extra-life.org/participant/RRCC

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Tuesdays, Wednesdays, & Thursdays:
11:00 a.m. - 2:00 p.m. & 5:00 - 7:00 p.m.

Food Bank

Tuesday: 12:00 - 2:00 p.m.
Wednesday: 5:30 - 6:30 p.m.

Math Tutoring

Tuesday: 2:00 - 6:00 p.m.
Thursday: 10:00 a.m. - 2:00 p.m.

Writing Tutoring

Tuesdays: 9:30 a.m. - 3:45 p.m.
Wednesdays: 4:00 - 7:00 p.m.
Thursdays: 2:45 - 6:00 p.m.

Thursday, October 31st

Halloween Treats!

11:00 a.m. - 1:00 p.m. & 5:00-7:00 p.m.
in the Front Lobby



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Campus Portal

Find what you need!

Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on www.rrcc.edu



Follow us on:

Facebook!

facebook.com/redrockscce

AND



Twitter!

twitter.com/rrccedu



Learning Commons News

Computer Programming Tutoring:

Mon & Wed: 11:00 a.m. - 3:00 p.m.
& 5:00 - 7:00 p.m.

Tues & Sat: 10:00 a.m. - 3:00 p.m.

Check out the website for times at http://www.rrcc.edu/lc/tutor_lkwd.htm

STUDENT VETERANS CENTER



Southwest Corner of Library

Computer, TV Lounge,

VA Literature, Magazines, etc.

Payroll Deadline

Biweekly Payroll: 10/19 - 11/01

E-timesheets are due Friday, November 1st

by 12:00 p.m. Pay will be direct

deposited Friday, November 15th, 2013.

MAT 045 will no longer be offered beginning fall 2014 semester. TAKE IT NOW before it is too late!!!

GET IN THE ZONE...THE "COLLEGE PREP" ZONE!

Available in the Learning Commons.

FREE TUTORING for

REA 060, 075, 090

MAT 045, 060, 090

ENG 060, 090

Mon - Thurs: 9:00 a.m. - 6:00 p.m.

For more info, contact Randy

303-914-6736

Welcome to RRCC's online career network

CAREER Connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

Hot Jobs:

#1093 - Nanny - ABC Nannies

#1081 - Apprentice Electrician -

Elkhorn Electric Inc.

#1076 - Bilingual Projects Corpsmember -

Mile High Youth Corps.

Hot Internships:

#667 - Media Education Intern

#670 - Graphic Design Intern

#401 - Communications Intern

For more information about these and many other positions, visit:

<http://www.rrcc.edu/careerconnect>

Thank you RRCC for participating in Psych Club's Question of the Month!

The results are here!

Out of the students that participated, 58% were afraid of spiders and 65% are planning on wearing a costume for Halloween! We look forward to your participation in the upcoming months!

If you're interested in Psychology- you'd be NUTS to not check out the Psych Club!

Details: 1st & 3rd Wednesdays of each month. 12:15 - 1:00 p.m. Mt. Evans Room.

Work Out Free

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation.

Fitness Center hours vary each semester, during semester breaks, holidays and school closures. Please call 303-914-6375 or stop by for current hours.



The week in Galaxy News!

Our galaxy seems to be more milkshake than Milky Way, opening up a fresh cosmic mystery. A three-dimensional map of the speeds and distances of thousands of stars suggests that they are all shaken up and that the galaxy is undulating up and down, but no one knows why. The wavy motion could be driven by previous collisions with smaller galaxies or by clumps of dark matter. The Milky Way is a large, spiral galaxy that roughly resembles a flattened disc of stars and gas. We know that the disc is rotating horizontally around a central region that contains a supermassive black hole. Previous work examined the vertical distribution of stars in our corner of the galaxy and saw compressed layers that hinted at a wave moving through the disc. Now Mary Williams at the Leibniz Institute for Astrophysics Potsdam in Germany and her colleagues have examined recently released data from the Radial Velocity Experiment (RAVE) survey to create the first 3D map of stellar motion in our galactic neighbourhood. What they found is that stars closer to the centre of the galaxy are spreading outwards above and below the plane while stars further from the centre are squashing inwards. The motions of individual stars within these zones are chaotic, with some sloshing around in odd directions. But if we could see the overall pattern from the outside, our section of the galactic disc would resemble a flag rippling in the breeze...

To find out more, visit:

www.newscientist.com/article/dn24464-milky-way-galaxy-is-fluttering-like-a-flag.html#.Um4knpSifnl

MONEY!

Remember, there are two steps to COF:

1: Apply

2: Authorize

Please preview your bill to ensure your COF stipend has been applied to your account! If not...

Contact:

Jenn Panetta, COF Advisor

303-914-6254 or email

jennifer.panetta@rrcc.edu



Are you feeling completely overwhelmed and considering withdrawing from all of your classes? Before you make that final decision, we want you to be aware of other options that could help you successfully finish your semester. Please contact Advising or Admissions for additional information.