

# THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF MARCH 17TH - MARCH 23RD 2014

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

#### **CAMPUS ACTIVITIES**

## Monday, March 17th

# Anxiety and Your Body

You will learn what is happening in your brain and body when you are experiencing anxiety and learn mindfulness and relaxation skills to counteract this anxiety. 12:00 - 1:00 p.m. in the Community Room

# VOTE FOR INSTRUCTOR OF THE YEAR!

Stop by the Student Government table on the Bridge to vote for your favorite RRCC instructor. Please bring your current student ID.

\*Voting will be all week

## Tuesday, March 18th

Speaker Broadcast Carly Fiorina:
From Secretary to CEO
The Red Rocks Chapter of The National
Society of Leadership and Success
presents a live video broadcast of Carly
Fiorina speaking about From Secretary to
CEO. She started her business career as a
secretary and went on to become the first
woman to lead a Fortune 20 company,
serving as the Chairman and CEO of
Hewlett-Packard.

5:00 - 6:30 p.m. in The Den

## DISCUSSION ON CRIMEA, RUSSIA, AND UKRAINE

**Panel Speakers:** 

Era Strelnikova from the Economics Department Blake Mayberry from the Geography Department Toni Nicholas from the History Department Soomin Chun-Hess from the Political Science Department

**Moderator:** 

Mike Coste, Dean of Instructions 3:00 - 4:00 p.m. in The Den

## STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK. UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID. 11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Campus activities continued on the back!

## **Get To Know...**



# Josh About:

What's his major: Double major in Criminology and Cyber Security

Someday he wants to: Skydive The last trip he took:

San Francisco

Daily craving: Pho Worst job: Welder

Dinner with anyone from any time:

George Carlin

Pet peeve: Lazy people

**Favorites:** 

Movie: Despicable Me Favorite villain: Gru Animal: Tiger

Flower: Lotus
Relative: Grandma

Look for the leprechaun to score St. Pats Day goodies; Green Ice Cream in the Den starting at 12:30 p.m. and 5:00 p.m. While supplies lasts!



More "John" on the back!

### Available at the Student Life Desk:

Student IDs - Free (replacement \$10)
RTD 10-ride booklets - \$17
Locker Rental - \$8
Movie Tickets (limit 6) - \$8
Postage Stamps (limit 6) - 49¢
Photocopies - 10¢/page
Color Prints - 50¢/page
Faxes - 50¢ local \$1 long distance

Checkout with Current ID:
Playstation 3 and Xbox 360 Games
Pool Balls and Cues

Computer Equipment
Ping-Pong Paddles & Balls
Basketballs, Volleyballs, Soccerballs
Tennis Equipment

# The Arvada section has been moved to the back!

Welcome to RRCC's online career network

# **CAREER CORRECT**

BRINGING STUDENTS AND EMPLOYERS TOGETHER

#### **Hot Jobs:**

#1529 - Inside Sales Associate - DISH Network #1708 - Youth Build Senior Crew Supervisor - Mile High Youth Corps #1713 - Maintenance Tech - FedEx

#### **Hot Internships:**

#1709 - Education Intern - Arvada #1694 - Academic Internship -Denver or Fort Collins #1669 - Teacher Assistant (paid) Internship - Roaring Fork

For more information about these and many other positions, visit: http://www.rrcc.edu/careerconnect



### THE BACK OF THE

# JOHN LETTE

# **Campus Portal**

Find what you need! Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on www.rrcc.edu

# the rock



Follow us on:

acebook!

facebook.com/redrockscc AND



twitter.com/rrccedu

# CAMPUS ACTIVITIES CONT.

FREE for Current Students unless otherwise noted!

Wednesday, March 19th

# **Exploring Careers in** Performing Arts

Meet with industry and university professionals representing:

- **★**Performance
- **★**Technology
- **★**Education
- **★**Production

Includes a panel discussion plus small group and one-on-one interactions. Attending the entire event is highly recommended.

11:00 a.m. - 1:00 p.m. in the Community room.

### How far would you go to fit in? Women in the Ancient World

Women around the world have engaged in a myriad of painful and dangerous cultural practices that we in the Western world may not completely understand. In this talk. RRCC's own Toni Nicholas will take us on a journey to learn about these aspects of culture and perhaps question our cultural norms in the process. 2:00 - 3:00 p.m. in the RRCC Library

## STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK, UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID. 11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

# Friday, March 21st

## **NSLS Members!**

There will be a Speaker Broadcast Marathon! 9:30 a.m. - 4:45 p.m. in the Den

# Raspberry Pi users MeetUp group

Idea and information exchange, anyone is welcome! This event is hosted by the Technology Club. 11:00 a.m. - 1:00 p.m. in the Mt. Evans room.

# **Work Out Free**

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation.



# **Learning Commons News**

**Learning Commons Hours** 

Monday - Thursday:

8:00 a.m. - 6:00 p.m.

Friday: 8:00 a.m. - 5:00 p.m. **Saturday:** 10:00 a.m. - 2:00 p.m.

## STUDENT VETERANS CENTER

Southwest Corner of Library Computer, TV Lounge, VA Literature, Magazines, etc.

# Payroll Deadline

Biweekly Payroll: 3/22 - 4/04 E-timesheets are due Friday, April 4th by 12:00 p.m. Pay will be direct deposited Friday, April 18th, 2014.

### **Cyber Security** Schólarship Progŕam

The scholarship awards up to \$3,750 per semester/\$7,500 per academic year. Application deadline: May 12th

Designed for students who are: Full time, Academically Achieving, In financial need, Pusuing an associate of science OR an associate of applied science degree in CIS with an emphasis in:

> Computer Science Cyber Security Specialist Network Specialist Programming Specialist Web Development

#### **Total Withdrawal Process**

Are you feeling completely overwhelmed and considering totally withdrawing from all of your classes? Before you make that final decision, we want you to be aware of other options that could help you successfully finish vour semester. Please contact Advising or Admissions for additional information.

# ARVADA CAMPUS **ACTIVITIES:**

#### Free Popcorn

Tuesdays, Wednesdays, & Thursdays: 11:00 a.m. - 2:00 p.m. & 5:00 - 7:00 p.m Saturdays: 10:00 a.m. - 1:00 p.m.

#### Food Bank

Wednesday: 5:30 - 7:00 p.m. Thursdays: 11:00 a.m. - 12:30 p.m.

#### **Math Tutoring**

Monday: 3:00 - 6:00 p.m. Tuesday: 1:30 - 2:30 p.m. & 3:00 - 5:00 p.m.

#### **Writing Tutoring**

Mondays: 9:30 a.m. - 2:30 p.m. Tuesdays & Thursdays: 1:45 - 2:45 p.m.

### **CIS** Tutoring

Mondays: 5:00 - 8:00 p.m. Thursdays: 2:00 - 6:00 p.m. Saturdays: 10:00 a.m. - 1:00 p.m.

### Wednesdays

Behavioral Health Counselor Katey Parsons will be on campus by appointment only, Wednesdays 10:00 a.m. - 2:00 p.m. please call 303-914-6655.

## Wednesday, March 19th

## Intent vs. Impact: Why Our Words Matter

Have you ever wondered why someone was upset by something you said? Do you feel overwhelmed by the changing vocabulary dealing with diversity and inclusion? Are you interested in learning more about how to handle difficult situations regarding sensitive topics? If you answered yes to any of these questions, then this session is for you! 12:00 - 1:00 p.m. in room 7210

# Thursday, March 20th

# Playing to Your Strengths

Explore the ways to apply Positive Psychology and the new science of strengths to your education, career and life. 12:00 - 12:50 p.m.