



THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF FEBRUARY 18TH - FEBRUARY 24TH, 2013

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

Get To Know...



J

About:

Where he's from: Fremont, CA

What's his Major: EMS

Usual pajamas: Shorts

Last trip he took: Hawaii

Usual shoes: Nike Shox

Current shoes: Nike Shox

Pets: 2 cats

What cheers him up: Beer

Mac or PC: PC

Best job: Tour bus driver

Worst job: Garbage man

Pet Peeve: Dumb drivers

Greatest fear: Heights

Favorites:

Color: Green

Band: 2 Chainz

Drink: Keystone Ice

Number: 7

Season: Summer

TV Show: Cops

Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

Women in IT shirts - \$12

Locker Rental - \$7 - \$8

Movie Tickets - \$7.50

Postage Stamps - 45¢

Photocopies - 10¢/page

Color Prints - 50¢/page

Faxes - 50¢ local \$1 long distance

Free Checkout with ID:

Playstation 3 and Xbox 360 Games

Pool Balls and Cues

Computer Equipment

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

CAMPUS ACTIVITIES

Tuesday, February 19th

Student Food Bank:

at the Student Life Desk

11:00 a.m. - 1:00 p.m. & 4:00 - 6:00 p.m.

Wednesday, February 20th

"From Paris With Love"

Concert of piano duets

5:00 p.m. Community Room

Olga Dashevskaya and Kevin Kennedy,

RRCC piano faculty

Concert is FREE and open to the public

Student Food Bank:

at the Student Life Desk

11:00 a.m. - 1:00 p.m. & 4:00 - 6:00 p.m.

Friday, February 22nd

STUDENT GOVERNMENT LEADERSHIP CONFERENCE

February 22nd 9:30 a.m. - 2:30 p.m.

Topics will include: Brain Power,

Resume/Interview Skills, Amendment 64,

Health and Wellness, and more!

Questions? Email Mark.squire@rrcc.edu

Saturday, February 23rd

Rugby Game

1:00 p.m. against DU Rugby at the Pavilion Field (by the East parking lot)

	1			3	4	
		5	2			8
7			9			2
9						6
		8			7	
	6					4
	4		7			5
1				6	3	
		6	8			9

Enjoy a Sudoku Puzzle!

Attention Students!

Thoughts, ideas, or ads for the John Letter? Stop by the Student Project Center or email Terry.Hutchinson@rrcc.edu

Johnna's Clinic Corner Question Of The Week

Q: What is an ideal Blood Pressure?

A: Generally, the lower your blood pressure, the healthier you are. As a general guide, the ideal blood pressure for a young healthy adult is 120/80 or lower. Come to the student health clinic and have your blood pressure taken to see where you are at.

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Tuesday - Thursday: 11:00 a.m. - 2:00 p.m.

Saturday: 10:00 a.m. - 2:00 p.m.

Math Tutoring

Monday: 2:00 - 6:00 p.m.

Tuesday & Saturday: 11:00 a.m. - 3:00 p.m.

Food Bank

Tuesday: 11:00 a.m. - 1:00 p.m.

Thursday: 5:30 - 7:30 p.m.

Writing Tutoring

Monday: 12:00 - 3:30 p.m.

Wednesday: 9:00 a.m. - 7:30 p.m.

Thursday: 1:00 p.m. - 6:00 p.m.

Thursday, February 21st

Free student Counseling

At the Arvada Campus 1:00 - 5:00 p.m.

Students! We want to get to know you! Stop by the Student Project Center Room 1551 if you would like to be in our next edition!

More "John" on the back!



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MONEY!

Remember, there are two steps to COF:

- 1: Apply
- 2: Authorize

Please preview your bill to ensure your COF stipend has been applied to your account! If not...

Contact:

Jenn Panetta, COF Advisor
303-914-6254 or email
jennifer.panetta@rrcc.edu



Students...Get connected with our NEW Online Career Network

CAREER Connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

You can:

- Find and apply for jobs and internships
- Post resumes and cover letters
- Register for career, advising and transfer events

Register today at: <http://www.rrcc.edu/careerconnect>



Follow us on:

Facebook!

facebook.com/redrocksec

AND



Twitter!

twitter.com/rrccedu

Connect to Success Services Tip of the Week

Want a G.R.E.A.T. set of class/book notes? Stop by the Learning Commons to meet us and we'll show you how!

Campus Portal

Find what you need!

Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on www.rrcc.edu




Learning Commons News
Math Tutoring
Mon - Thurs: 9:00 a.m. - 7:00 p.m.
Fri & Sat: 11:00 a.m. - 3:00 p.m.
 Check out the website for times at
http://www.rrcc.edu/lc/tutor_lkwd.htm

Everything you see exists together in a delicate balance. As king, you need to understand that balance and respect all the creatures, from the crawling ant to the leaping antelope.
~ Mufasa, The Lion King

STUDENT VETERANS CENTER



Rm. 1253 in the Learning Commons. Computer, TV Lounge, VA Literature, Magazines, etc.

Get in the ZONE... The "COLLEGE PREP" ZONE!

FREE Tutoring & Coaching Available in the Learning Commons

030, 060, & 090 courses in English, Math, & Reading.

Mon & Thurs: 8:00 a.m. - 6:00 p.m.

Tues & Wed: 8:00 a.m. - 7:00 p.m.

Fri & Sat: 11:00 a.m. - 3:00 p.m.

For more info, contact Randy 303-914-6736

Payroll Deadline

Biweekly Payroll: 2/9 - 2/22

E-timesheets are due Friday, February 22nd

by **5:00 p.m.** Pay will be direct deposited Friday, March 8th, 2013.

NEW DEN HOURS

Monday - 11:00 a.m. - 6:00 p.m.

Tuesday - 3:00 - 8:00 p.m.

Wednesday - 11:00 a.m. - 6:00 p.m.

Thursday - 3:00 - 8:00 p.m.

Friday - Closed

Saturday - 10:00 a.m. - 2:00 p.m.

Free Student Counseling

Mondays: 9:30 a.m. - 6:00 p.m.

Tuesdays: 1:30 - 5:00 p.m.

Wednesdays: 9:00 a.m. - 1:00 p.m.

Every other Thursday: 1:00 - 5:00 p.m.

Specific schedule is posted on the office door in the Learning Commons.

RM# 1268. 303-914-6316.

DO YOU KNOW:



- ★ Who your Lender is?
 - ★ How much your monthly payment will be?
 - ★ What the terms of your loans are?
 - ★ What options you have if you have trouble making payments?
 - ★ Who can help?
- Ask Tom Miller, your Default Prevention Loan Advisor in the Financial Aid Department.

Taking an Online Class?



RRCC's online system is Desire2Learn

For more details go to:

online.rrcc.edu

Bookstore News!

This week only: all Jansport clothing is 25% off at the bookstore.

Work Out Free

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation.

Fitness Center hours vary each semester, during semester breaks, holidays and school closures. Please call 303-914-6375 or stop by for current hours.

