



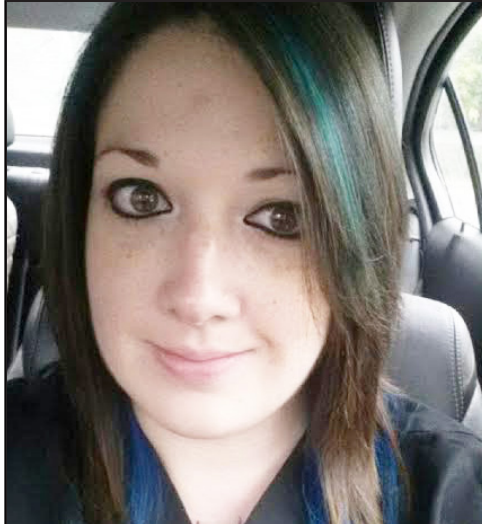
THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF OCTOBER 20TH - OCTOBER 26TH, 2014

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

Get To Know...



Carolyn M.

About:

Where do you work: RRCC Coffee Shop & Kaiser Permanente

How long have you worked there: 2 months & 6 months

Childhood idol: Tony Stewart

Dream Vacation: Take my kid to Disneyland

Daily craving: Sour candy

Pet peeve: People chewing with their mouths open

Best concert: Motionless in White

Where are you from: California

What do you like best about RRCC: The view from the Breezeway in winter and I've had some good teachers

Favorites:

Activity: Hiking

Food: Pizza

Artist: Kevin Eslinger

Spot on campus: Coffee Shop!

Ice cream flavor: Cookie Dough

Pizza toppings: Pepperoni, olives, and mushrooms

Movie: Love me some Pitch Perfect

Coffee: Caramel macchiato

Season: Fall

More "John" on the back!

CAMPUS ACTIVITIES

Monday, October 20th

Free Popcorn and Kool-aid

Monday - Thursday 11:00 a.m. - 6:00 p.m. in the Den!



Flu Shots Available in the Clinic

Flu shots are \$10 with current Student I.D., Monday - Friday 9:00 a.m. - 5:00 p.m.

TEST ANXIETY

Come find out more about how to minimize test anxiety.

11:30 a.m. - 12:30 p.m. in the Community Room.

Tuesday, October 21st

College Development Day

No classes or services available on this day.

Wednesday, October 22nd

STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK. UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID. 11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

TRANSFER FAIR

Four year colleges coming to answer your transfer questions to help pave the way to your success

Wednesday, 4:00 - 6:00 p.m.

Thursday, 10:00 a.m. - 1:00 p.m. on the Bridge.

International Café: Let's Study Abroad; Been There?

Information about RRCC Study Abroad Programs and Courses to France; India; Hawaii; & Southern U.S. for 2015. Chat with Study Abroad students and faculty who traveled in 2013-2014 to China, India, Tanzania, Brazil, Ireland, etc. 12:00 - 1:30 p.m. in the Grand Foyer. Email us at international@rrcc.edu

Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

Locker Rental - \$8

Movie Tickets (limit 6) - \$8

Postage Stamps (limit 6) - 49¢

Photocopies - 10¢/page

Color Prints (limit 8) - 50¢/page

Faxes - 50¢ local \$1 long distance

Checkout with Current ID:

Playstation 4, Xbox 360 And Xbox One Games

Pool Balls and Cues

Computer Equipment

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Monday - Thursday: 11:00 a.m. - 2:00 p.m.
Saturday: 10:00 a.m. - 1:00 p.m.

Food Bank

Wednesday: 11:30 a.m. - 1:00 p.m.
Thursday: 5:30 - 7:00 p.m.

Writing Tutoring

Monday: 9:00 a.m. - 12:30 p.m.
Tuesday: 9:00 a.m. - 2:00 p.m.

Math Tutoring

Monday 1:30 - 3:30 p.m.
Tuesday: 4:00 - 6:00 p.m.

Behavioral Health Counselor Katey Parsons

Wednesdays 11:30 a.m. - 2:00 p.m.
Call to make an appointment
303-914-6655.

Advising Appointments Online

Make advising appointments online at <http://www.rrcc.edu/advising/appointment>

Public Meeting on the Kipling and Ridge Rd Access

Thursday, October 23rd
8:00 a.m. - 5:00 p.m.

Students! We want to get to know you! Stop by the Student Project Center Room 1551 if you would like to be in our next edition!



THE BACK OF THE

JOHN LETTER

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

Group Fitness Classes by RRCC Fitness Free with a student ID!

Zumba: Mondays 12:00 - 1:00 p.m. in the Community Room.
Yoga: Wednesdays 8:00 - 9:00 a.m. in the Den.

ZUMBA



droppin' a beet
for health and wellness



START READING TODAY
TEXT RRCC TO 40691



f Find us: RRCC Student Health 101

Need to Talk? RRCC now has a Peer Counseling Program!

Peer Coaches have been trained and are ready to listen and offer resources. The Peer Counseling Program Office: Room 2282, in the southeast corner of the library. (303) 914 - 6135
peercounseling@rrcc.edu


BE INFORMED and TAKE ACTION!

Check out the RRCC website and social media for information on the dangers of second hand smoke exposure, including resources for those who may be exposed to second hand smoke in their multi-unit housing! Go to: http://www.rrcc.edu/quit_tobacco/index.html



Learning Commons News
ACCOUNTING
Tutoring Available
MON: 12-2pm, 4-6pm
TUES: 12-2pm
THURS: 12-2pm
and 3:30 - 5:30pm
and now
Saturday 11am - 1pm

STUDENT VETERANS CENTER

Southwest Corner of Library
 Computer, TV Lounge,
VA Literature, Magazines, etc.

Taking an Online Class?

 RRCC's online system is Desire2Learn

For more details go to:
online.rrcc.edu

Attention Students!

Thoughts, ideas, or ads for the John Letter? Stop by the Student Project Center or email
Terry.Hutchinson@rrcc.edu

Campus Portal

Find what you need!
Log in to The Rock:
• Add/Drop classes
• Student Clubs
• Desire2Learn
• Upcoming Events
• And more

Check out the link on www.rrcc.edu

the rock



Follow us on:
facebook!
facebook.com/redrocksec



AND
twitter!
twitter.com/rrccedu

Welcome to RRCC's online career network

CAREER connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

Hot Jobs:

Seasonal Retail Opportunities
- Target (# 3058, 3059, 3060),
RadioShack (#3057), J. Crew
(#3061), and Sportline (#3047)
#3051- Police Officer - Town
of Nederland

#3063 - Technical Support Analyst -
Foothills Parks & Recreation District

Hot Internships:

#2428 - PR/Social Media - Denver
#2529 - Curriculum Writer - Denver
#3024 - People's Fair Intern - Denver

For more information about these
and many other positions, visit:
<http://www.rrcc.edu/careerconnect>

EL DIA DE LOS MUERTOS (THE DAY OF THE DEAD)

This traditional holiday focuses on gatherings of family and friends to pray for and remember friends and family members who have died. Staff from Museo de las Americas will provide cultural context for the Day of the Dead. Students, faculty, and staff are invited to create their own sugar skulls. Thursday, October 30th,
12:00 - 1:00 p.m. in the Grand Foyer.



Payroll Deadline

Biweekly Payroll: 10/18 - 10/31
E-timesheets are due Friday, 10/31 by
12:00 p.m. Pay will be direct
deposited Friday, November 14, 2014.