



Red Rocks Community College Peer Counseling Program

The Peer Counseling Program (PCP) is a component of the RRCC Behavioral Health Services (BHS). PCP interns are trained and selected to enhance student awareness of mental health and wellness throughout the RRCC community. PCP interns will be familiar with resources that enhance the education, skill- building and personal growth to further fellow students' well-being, coping, and resilience. PCP interns will disseminate information about the services provided by the BHS and decrease the stigma associated with seeking counseling. As student leaders reaching out to other students, PCP interns serve as positive role models for the campus community.

Student Specialists of the PCP are selected and supervised by the Behavioral Health Provider and/or Psychology department lead and must attend an initial orientation meeting, along with all scheduled training and supervision sessions throughout the term. PCP interns will be extensively and thoroughly trained in recognizing and describing mental health concerns and will assist their peers in locating appropriate resources either on campus or in the community. These Student Specialists will create a network that will raise awareness of mental health concerns among their fellow students. PCP interns are approachable, good listeners, good leaders, respected by their peers, and possess good communication skills.

How do I become a PCP member?

PCP interns (Student Specialists) are students at RRCC who promote wellness and supportive resources on campus. We seek energetic, compassionate, and creative students with good social skills and good judgment who are committed to educating others about mental health resources and learning to support peers who need help with life issues.

Peer "Student Specialists" at RRCC are selected from among qualified applicants and serve for a period of one semester. Students must have completed all sessions of the Peer Counseling training course, and received an "A" in the class, prior to submitting an application. Applications will be taken for the Spring, 2014 cohort through February 11th, 2014 at 4:00pm. You can pick up an application packet at the Behavioral Health Service, located within the Student Health Clinic on the main floor of the west wing after the first weekend of class. Your application must be received in the Behavioral Health Clinic (located in the Student Health Clinic) by Feb 11th at 4pm to be considered. Applications are reviewed by the Behavioral Health Provider and a screening committee for appropriateness for the program. All applicants will be contacted regarding their status and interview opportunity.

Questions? Contact Amy Buckingham or Katey Parsons

*Amy A. Buckingham, MA
Red Rocks Community College
Psychology Dept. Lead/Faculty
Amy.Buckingham@rrcc.edu
303-914-6270*

*Katey Parsons, M.Ed., LPC
Jefferson Center for Mental Health
Red Rocks Community College
Behavioral Health Services
Katey.parsons@rrcc.edu
303-914-6316*